



*Katherine Barner*

— M.Ed., LPC-S —

KRB Unlimited LLC

*Media Kit*



# Meet Katherine

Katherine Barner is a Grief & Trauma specialist, Author, Speaker, Bible teacher and Licensed Psychotherapist specializing in equipping individuals with the mental, emotional, and spiritual tools to live the life they desire and deserve. In her nearly 30 years of professional mental health experience Katherine has worked with a vast population of individuals to help them discover hope and healing from some of life's most challenging circumstances.

Katherine has a broad range of speaking experiences including community events, radio, internet, and podcast shows, panel discussions, church and religious organizations, non profit community organizations, and sexual assault associations.

A certified ICISF crisis responder, Clinical Trauma Specialist, and trained EMDR practitioner, Katherine earned her undergraduate degree in Psychology from Spelman College and graduate degree in Counseling from the University of North Texas. She has completed additional graduate coursework at Grace School of Theology and also holds certifications from the College of Biblical Studies.

Katherine is author of the award winning book, *God Help Me, I'm Grieving: Finding Healing After Loss* and has been a contributing author to *Today's Purpose Woman* magazine.

Katherine offers transformative keynotes and workshops as well as mastermind groups and intimate retreat experiences.



## Katherine has shared her expertise and messages with:

- Free Grace Alliance National Conference
- Build Her-She Matters Women's Empowerment Conference
- Better Me Women's Conference
- EWH Ministries, Inc. Pastors Forum
- Grace School of Theology
- Grace Center for Spiritual Development
- Greater True Light Church
- SPARK Christian Podcast Conference
- Greater New Testament Women's Conference
- Conference on Crimes Against Women
- Illinois Coalition Against Sexual Assault
- Institute on Violence, Abuse and Trauma
- KPRC Channel 2



### Katherine's Speaking Topics:

Self-Worth/Empowerment

Women in Leadership/Resilience

Grief & Loss/Emotional Health

Trauma Recovery/Self-Care

Inspirational/Faith Based



# Contact Katherine



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